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Abundance

by Rebbie Straubing

One apple seed. What if that was all you had? Would you feel rich or poor?

It only takes one (small) seed to create one (large) tree. One apple tree can produce about 20 bushels of apples per year. Each of those apples contains another palm full of seeds. In the course of a lifetime, your humble apple seed might have countless progeny and might have "kept the doctor away" from the whole town.

With that one seed, you were rich indeed. But did you know it? Did you answer "rich" when I first asked you? If you tossed away that seed under the spell of your perceived poverty, then you were poor. If you planted the seed, you were rich.

Thoughts are Seeds

It's harvest time. Do you have the opportunity to visit a field of pumpkins? How about a corn maze? Once you get there, you can reflect on the abundance you see. Let it ring a resonant tone within you. Consider how many seeds are hiding in those pumpkins. Realize that every kernel of corn is a seed.

Now consider your moments of inspiration. These are the seeds of your inner wealth. Although these flashes of insight may be short in duration, they are deep with potential. Like the unassuming apple seed, they contain an endless stream of encoded blessings for your life. If you plant them, you are rich. They decode themselves in the living of your life.

Planting

Every time you have an aha moment, a revelation, a glimpse of inner peace, a smile of sweet love or even a little relief from your pain or worry, that moment is a seed. The first step may seem obvious but it is pivotal so it's worth mentioning here. That first step is simply to begin to value those moments like the most precious seeds. You cannot buy these from anyone else. And they grow the most satisfying life-fruits.

Once you start recognizing and caring for these delicate moments of inner awareness, you'll stop tossing them away. You'll no longer see them as an impractical investment of your energy. You'll no longer consider yourself poor if those are all you have. In fact, you will get to work planting them and understand yourself to be rich.

You plant a revelation by honoring it. You give it space in your consciousness to grow. You invite Law of Attraction to bring more realization and keep expanding your journey on that subject. Before you know it, you've got a field of pumpkins, each one containing hundreds more revelations, each with its own potential for unfolding.

Harvesting

How do you harvest inner peace? How much wisdom fits in a basket? Where are the riches that correspond to these seeds of inner clarity? They churn themselves into the best aspects of your life through inspired action.

Here's how it works. Once you cultivate and nurture your revelations, they saturate your consciousness. Eventually they spill over into your actions. Actions born of inspiration are powerful and their accomplishments satisfy the soul. Wonderful manifestations become like the apples on a well-cultivated tree. They are not only abundant, they are natural and have their own momentum. They grow from their own desire for more life. You don't have to build each apple. You just care for the evolution of your original seed (which is now a tree) and the apples take care of themselves. So it is with all kinds of abundance. Nurture the seeds and the abundance you seek reveals itself naturally. It is the default setting of our generous planet. Abundance is earth's style and since we are its natives, it is our nature.

As you move through this time of earth's harvest, I invite you to contemplate your own inner abundance. As you tune yourself to the tone of the earth's riches, you reveal your own never ending abundance of all you consider to be good.

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